



DID MAN CREATE GOD?

Is Your **SPIRITUAL BRAIN** at Peace
with Your **THINKING BRAIN**?

DAVID E. COMINGS, M.D.

Did Man Create God?

by
David Comings, M.D.

The most extensive examination of science and religion
ever published, written by a renowned scientist
680 pages, 6 by 9 inches, **hundreds of full color illustrations**
52 chapters, extensive table of contents, index

a big book for a small price

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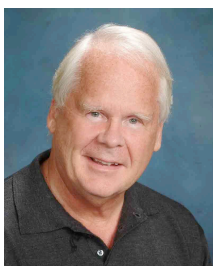
Includes

- Intelligent answers to intelligent design
- The relevance of modern cosmology to spirituality
- The spritual and the meditating brain
- The brain and reason, consciousness, happiness and morality
- The genetics of spirituality, reason, good and bad behavior
- The evolution of spirituality and reason
- The origin of religion and the role of mysticism and psychedelics
- The benefits and evils of religion
- The problem of evil • Does God play favorites?
- Are the sacred books literally true?
- Is God Dead? Ask the Pentacostals.

This book is for those ever had any doubting questions about their faith or religion but lacked the scientific background to answer them. It will strengthen your spiritual brain, stimulate your thinking brain and allow you to develop a rational spirituality where your spiritual and thinking brain are not in conflict.

This book is written for those who are spiritual but would like answers to any doubting questions. Unlike some recent books that call for the end of faith and religion, this book proposes that spirituality is genetically hardwired into a specific part of the brain, is pleasurable, is critical to the evolution and survival of man, and will never go away. It strives to allow readers to develop a *rational spirituality* in which the fact-based rational brain and the faith-based spiritual brain can live in peace.

Intolerance, wars and terrorism based on religion make the assumption that one person's God is better than another's and that the sacred books are the literal word of God. A *rational spirituality* illustrates the fallacy of these assumptions and allows individuals of all religions to live in peace.



Dr. Comings is a physician, neuroscientist, and a behavioral and molecular geneticist. He has written over 450 scientific articles and three books. He was past editor of the *American Journal of Human Genetics* and past president of the American Society of Human Genetics.

...It now appears that we are getting close to understanding what is going on inside the religious mind, and David Comings has written a remarkable analysis, that includes the most detailed and up-to-date science ever generated on the subject of religion. *Did Man Create God?* will be the definitive scientific reference on religion for some time to come.

Michael Shermer, Publisher of *Skeptic* magazine
monthly columnist for *Scientific American*, and the
author of *Why Darwin Matters*, *The Science of
Good and Evil*, and *How We Believe*.

Who is the Book for?

- Any person, whether religious or not, whether faithful or not, who has had any questions about their religion and faith but felt they lacked the necessary background in biology and science to address those questions
- Teachers who need a resource for intelligent answers to intelligent design that is not hostile to religion and faith
- College students, who are away from home for the first time and have begun to question some of the tenets of their faith but wish to retain their spirituality and parts of their religion and faith
- High school students who are still at home but would like an independent source of information on religion and science

Sample Excerpts

Chapter 30 The Spiritual Brain

Wilder Penfield's brain mapping studies clearly placed both temporal lobes front and center as the site for many complex spiritual experiences including the re-playing of past experiences, thought intrusions, feelings of déjà vu, out of body sensations, trances, or fugue states, automatic behaviors, feelings of being in the presence of others, of hearing music, of hearing angelic voices, of intense meaningfulness, of being connected to some force greater than themselves, and of talking to God. [p338]

Temporal lobe epilepsy and its spiritual manifestations may have played a major role in the religious conversions of many historical figures and in the origin of several religions. [p356]

Psychedelic drugs like DMT often produce a sensation of "contact," of being in the presence of and interacting with a non-human being. Highly intelligent and sophisticated test subjects, who knew these feelings were drug induced, nevertheless insisted the contact had really happened. The temporal lobe-limbic system's emotional tape recorder sometimes cannot distinguish between externally generated real events and internally generated events that are not real. This provides a level of insight that allows the rational brain to understand and be at peace with the spiritual brain. [p373]

Chapter 38 The Genetics of Good Behavior

The major lesson is that man has evolved a set of biological and genetic systems that usually lead him to behave in a helpful, cooperative and altruistic fashion toward his fellow man, independent of religion. [p472]

Chapter 42 The Evolution of Spirituality

Spirituality can be defined as a feeling of a connection with something greater than oneself including any form of social order. Perhaps the greatest factor in the evolution of spirituality is that such a trait would maximize the development of man as a social animal. [p513]

Chapter 51 The Problem of Evil

The "problem of evil" is one of the greatest challenges for religion to explain. While many solutions have been proposed none adequately deals with the fact that an all powerful, personal, caring God could eliminate the worst aspects of evil if he wanted to. The one solution that is the most logically satisfying to the thinking brain is to assume that Man Created God – in which case the "problem of evil" disappears. [p596]

How can this book help you?

What are some of the questions addressed?

- Who are we? • Where did we come from?
- Are humans inherently moral or do they require religion to be moral? • Is there a specific part of the brain for human spirituality? Is it the same part of the brain that is accessed by meditation? • Can evolution explain the origin of the species without needing supernatural help?
- Did God create man or did man create God?
- Were the sacred books of the great religions written by God or by man? • Does the Big Bang prove God exists?
- Do the precise constants of the universe prove God exists?
- Is religion all good? All bad? • Do we have an inborn need to help our fellow humans? • Does the human brain allow us to heal ourselves if we believe? • Is there a soul? A Heaven? A Hell? • Are science and religion incompatible?
- Can our thinking brain live in peace with our spiritual brain?

BISAC Subject Headings:

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- BODY, MIND & Spirit OCC036000 Spirituality/ General
- SCIENCE SCI086000 Life Sciences/ General
- SCIENCE SCI027000 Life Sciences/ Evolution

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